



Arnot Hill Park

1 km route

Gedling Borough Council have been working in partnership with Run England to create a 1km route around Arnot Hill Park. As part of the project Run England have been working with local organisations to map routes in parks and open spaces across the country. For further information on the initiative please visit www.runtogether.co.uk/routes

If you would like to explore further Leisure opportunities within the borough visit our website www.gedling.gov.uk



Arnot Hill Park

1 km route



www.gedling.gov.uk





Arnot Hill Park



1 km route

Gedling Borough Council have been working with Run England to create an accessible 1 km route around Arnot Hill Park.

Follow the Blue and Green markers around the course as shown on the map. The course follows the paths around the park making it accessible for all abilities.

You can walk, jog or run your way around the 1km route but remember to make sure that you warm up and cool down adequately, before and after you exercise.

